Curriculum Vitae

Dr. Judy E. Vansiea, DNP, MA, MS, BS, BA, RN, APRN

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Objective: Continuing to grow private telehealth mental health practice while accepting new patients needing psychiatric evaluations, medication management, psychotherapy and immigration psychological evaluations. Accepting 100% flexible remote fee for service 1099 contracts or per-diem opportunities as an APRN and RN for assessments, medical records review and legal nurse consulting, supervisory and Adjunct Nursing Faculty positions.

Experience:

10/19 to Present **Small Business Owner and Entrepreneur** **Uniondale, NY**
Coping Nurse Practitioner in Psychiatry Services, P.C.

- Nurse Practitioner in Psychiatry Private Practice
- Mental Health Consultation
- RN Medical Records Review and Legal Nurse Consulting
- Chemical Dependency Assessment
- RN Assessment
- NYS Workers' Compensation Treatment Provider
- Speaking Engagement
- Health Education
- Psychiatric Evaluation, Psychotherapy and/or Medication Management
- Telemental Health/Telemedicine Services
- Independent Contract, Fee for Service and Per-diem
- Immigration Psychological Evaluation
- Medication-Assisted Treatment (Certified Buprenorphine Provider)

03/16 to 09/19 **Small Business Owner and Entrepreneur** **MN, GA & NY**
Circle of Care and Hope Mental Health Healing and Empowerment Center, LLC

- Provided nursing services in churches
- Provided Mental Health and Nursing Consultations
- Provided Telemedicine services
- Assisted with nursing training
- Public Speaking Engagement and Training
- Part-time Independent contractor/Nurse Practitioner Consultant with Suffolk County Department of Health Services Operated Facilities

12/13 to 05/14 **Adjunct Nursing Faculty**
University of Northwestern **Saint Paul, MN**

- Assisted in developing "first mental health" syllabus for a new, accelerated nursing program which I was the first mental health faculty
- Taught a mental health theory class with twenty students once a week as the University's first mental health faculty
- Taught mental health clinical at several non-traditional and traditional co-occurring mental health clinical sites
- Supervised clinical and led pre- and post-conferences for a total of twenty clinical students
- Attended staff development meetings and trainings as needed
- Supported the School of Nursing and obtained an outpatient mental health faith-based counseling clinical site for partnership

03/13 to 05/13 **Temporary Part-time Nursing Faculty**
Normandale Community College **Bloomington, MN**

- As a Clinical Instructor, supervised two separate groups of ten first-year medical/surgical nursing students at a long-term care facility
- As a Clinical Instructor, assisted with simulation labs for first-year medical/surgical nursing students
- Supervised and led pre- and post-conferences twice a week

10/10 to 09/13 **Guardian Ad Litem-Second Judicial District**
Minnesota Ramsey County Guardian Ad Litem Program **Saint Paul, MN**

- Appointed as a guardian ad litem by the Second Judicial District in juvenile and family court cases to represent the best interest of the child/children as a volunteer worker
- Conducted independent investigations to determine facts relevant to cases of child endangerment or adults suspected of incompetence as parent or legal custodians.
- Reviewed documents relevant to these cases and observed the child in home setting
- Interviewed parents, care givers and others relevant to a case
- Presented written reports on the best interest of the child or on the incompetence of adults which included conclusions and recommendations, as well as the facts upon which they were based

08/09 to 6/13 **Facilitator/Speaker**
National Alliance of Mental Illness (NAMI) Minnesota **Saint Paul, MN**

- Volunteered to facilitate veteran groups
- IOOV Speaker
- African American Outreach Committee Member
- Interned as Doctor of Nursing Practice for Spring and Summer 2013

09/07 to 7/08 **RN (School and Outpatient Substance Abuse Rehab)**
United Staffing (contracted by NYC Board of Education) **New York, NY**

- Provided care to NYC elementary and intermediate school children in the five boroughs
- Administered medications and provided respiratory treatments for asthmatics
- Provided diabetic glucose monitoring, straight catherization and trach care on some students
- Gave G-tube bolus feedings and cleanings on site
- Provided emotional support for clients going through substance abuse rehabilitation and mental illness at Daytop in Far Rockaway, in addition to all the duties mentioned above, starting in January, 2008
- Performed care and assessments for walk-in clients with sick visits at Daytop
- Assisted medical and psychiatric physicians at Daytop during clients' appointments
- Administered psychiatric medications and performed teaching

11/06 to 12/07 **RN (Assessment Specialist)**
Universal American (Formerly CHCS) **Weston, FL**

- Worked as an assessment specialist with the company's internal office
- Provided the critical link between policyholders and the company: performed determination, revisiting and underwriting assessments within NYC and Long Island areas in the patients' homes
- Evaluated each policyholder's needs for unlimited service interventions, rehabilitation procedures, or chronic illness disability coverage

01/06 to 3/06 **Registered Nurse (Case Manager)**
Advanced Rehabilitation Management INC. & Kingstree Group INC. **Wayne, PA**

- Worked as a case manager for workers compensation and accident medical cases as an independent contractor
- Met with clients and their physicians for follow-up treatments, such as physical and occupational therapy
- Submitted my reports and recommendations within 48-72 hours after visits via fax and email attachment files

12/05 to 12/06 **Registered Nurse (School Nurse)**
Stat Nurses Agency, Inc. (contracted by the NYC Board of Education) **Brooklyn, NY**

- Performed on-call school nursing in several NY City schools, primarily in Queens and some Bronx and Brooklyn locations
- Administered medications and provided respiratory treatments for asthmatics
- Provided G-tube bolus feedings and cleanings on site
- Gave diabetic glucose monitoring, straight catherization and trach care
- Provided emotional support to special education students, para and other staff personnel

5/05 to 7/05 **Registered Nurse (Case Manager)**
Jewish Child Care Association **Brooklyn, NY**

- Coordinated medical/mental health care for 50 foster care children
- Followed up with group home coordinators and foster parents to make sure these children did not miss medical and psychological appointments
- Performed body checks if abuse was suspected and when children were removed from one home to another or were discharged out of care
- Provided family planning, sex education and HIV counseling every six month
- Made sure that records were kept up to date for audits
- Discussed plans of care and related situations with social workers, physicians and others on the interdisciplinary team

11/00 to 01/04 **Registered Nurse (Medical / Surgical)**
Progressive Nursing Staffers **Queens, NY**

- Worked as an agency staff registered nurse on a per diem basis since my initial registration in Springfield, Virginia in November of 2000
- Provided patient care on medical/surgical hospital units and wards in Queens, NY and Silver Springs, MD

03/03 to 5/03 **Registered Nurse (School Nurse)**
Unique Nurses Registry Incorporated **Brooklyn, NY**

- Worked as an agency school nurse for the NY city Board of Education
- Provided medical care to elementary and intermediate age group special education students as well as to non-special education students
- Provided care for walk-in visits to the medical room
- Administered medications and provided respiratory treatments for asthmatics
- Cared for the special education population by providing G-tube feedings and cleanings
- Provided diabetic glucose monitoring, straight catherization and trach care, etc.
- Responded to all medical emergencies during school hours, activating EMS (911) when necessary
- Provided first aid when needed to both the special and non-special education population
- Gave emotional support to all students that came into the medical office
- Properly documented all visits to the clinic
- Communicated effectively with the principal, interdisciplinary team and teachers as needed

10/01 to 02/02 **Registered Nurse / Administrator**
Walter Reed Army Medical Center-Nursing Education and Staff Development
(United States Army) **Washington, DC**

- Prepared orientation packages for new military and civilian hospital employees
- Enrolled new personnel into the orientation program
- Instructed personnel about the self-learning orientation module
- Provided course information and instructions to visitors and telephone requesters
- Determined eligibility to attend nursing education and staff development classes

- Assured that all didactic materials were prepared in a timely fashion
- Assisted entering information into computer database
- Provided logistical assistance for course graduations
- Assisted the quality improvement committee

04/00 to 09/01 **Registered Nurse - Surgical Ward**
Walter Reed Army Medical Center **Washington, DC**

- Planned, implemented, and evaluated nursing care for acute and chronically ill patients in a 22- bed, multi-specialty surgical unit (Vascular Otolaryngology, and General Surgery)
- Served as charge nurse and supervised 5 to 7 professionals and 5 to 7 paraprofessional nursing personnel or more for 4-5 days per week
- Cared for some of September 11 Pentagon victims
- Collaborated with a multi-disciplinary health care team to ensure safe, quality patient care
- Participated in unit performance programs and served as a committee member for hospital performance improvement programs
- Precepted several new registered nurses and licensed practical nurses
- Provided pre-operative and post-operative patient teaching and education
- Administered medications via all routes and medication teachings
- Provided admission and discharge instructions to patients
- Committee member for hospital performance improvement programs

04/99 to 01/00 **Registered Nurse (Surgical)**
Beth Israel Medical Center **New York, NY**

- Assessed, diagnosed, planned and evaluated patient care on a 30-bed, multi-specialty unit (Gynecological, Gastro-intestinal, Head & Neck with Brachy Therapy, Cardiac-Thoracic, Vascular, and Genitourinary)
- Provided pre and post-operative teaching and education
- Administered medications via all routes
- Performed patient admissions and discharges
- Educated patients on various health related topics

08/98 to 03/99 **Registered Nurse (Per Diem)**
Columbia Presbyterian Medical Center **New York, NY**

- Assessed and conducted patient teaching and education
- Assisted physician in wound care and minor surgical procedures such as MOHS
- Collected specimens for wound cultures and biopsies

06/98 to 03/99 **Registered Nurse (Part Time Medical Surgical)**
Lutheran Medical Center **Brooklyn, NY**

- Assessed, diagnosed, planned, and evaluated patient care on a 30-bed, medical-surgical floor

- Administered medications via all routes and observed for adverse effects
- IV therapy and maintained patency
- Suctioned ventilator dependent patients, provided trach care, and maintained patient airways
- Performed blood transfusions and monitored patients for adverse effects.
- Administered enteral feeding via NGT/GT and maintained patency
- Provided patient teaching and education

03/98 to 06/98 **Registered Nurse - Medical/Psychiatric Adult Day Center**
Mademoiselle Temporary Services - FEGS/Mental Health Facility **New York, NY**

- Transcribed/administered medications and observed for adverse reactions
- Responded to emergencies in a timely and appropriate manner
- Performed phlebotomy and collected specimens for analysis
- Performed mental health assessments and medication teaching and administration

12/97 to 01/98 **Registered Nurse (Ambulatory Adult Medicine Clinic)**
Mademoiselle Temporary Services - Montefiore Medical Center **New York, NY**

- Triaged, assessed, planned, implemented, and evaluated care of a wide range of patients
- Transcribed/administered medications, vaccines and PPD testing.
- Performed nebulizer treatments, and observed for adverse reactions
- Educated patients and significant others about disease process, preventative care, and health promotion/maintenance
- Performed EKGS, and phlebotomy and collected other specimens for analysis

Education:

09/12 to 06/15 **Augsburg University** **Minneapolis, MN**
Doctor of Nursing Practice in Transcultural Nursing Leadership
Graduated 5/3/15: **with a GPA: 3.9**

01/11 to 04/12 **Hazelden Betty Ford Graduate School of Addiction Studies** **Center City, MN**
Master of Arts Degree in Addiction Counseling
Graduated 4/21/12 with a GPA of 3.4

05/07 to 12/09 **State University of New York at Stony Brook** **Stony Brook, NY**
Graduated 12/22/09 with a GPA of 3.70
Master of Science Degree in Mental Health Psychiatric Nursing

09/04 to 07/06 **University of Phoenix Online Degree** **Phoenix, AZ**
Graduate Credits (19)
MBA in Health Care Management

01/00 to 03/00 **US Army Academy of Health Sciences, Fort Sam Houston** **San Antonio, TX**
Awarded US Army Diploma for AMEDD Officer Basic (All Corps)

09/93 to 05/97 **State University of New York at Stony Brook** **Stony Brook, NY**
Bachelor of Science Degree in Nursing with a Minor in Health and Society

09/93 to 05/97 **State University of New York at Stony Brook** **Stony Brook, NY**
Bachelor of Arts Degree in Social Sciences Interdisciplinary Studies (SSI) with a Minor in Child and Family Studies

10/91 to 05/93 **Mary Holmes College** **West Point, MS**
Associates of Science Degree in Pre-Nursing
Salutatorian of Graduating Class

09/90 to 12/90 **City University of New York - Medgar Evers College** **Brooklyn, NY**
Major: Public Administration

05/89 to 06/90 **Prospect Heights High School** **Brooklyn, NY**
High School Diploma

Clinicals & Internships:

01/11 to 04/11 **First Internship** **Center City, MN**
Primary care at a 28-day women's unit at Hazelden Center City campus. Attended group therapy, did individualized assessment and treatment plans for patients with various drug and alcohol addictions, along with some co-occuring mental health diagnoses. Counseled patients based on the twelve-step model. Supervised by a chemical dependency counselor.

05/11 to 08/11 **Second Internship** **Minneapolis, MN**
Worked at African American Family Outpatient Behavioral Health Center with co-occurring mental illness and substance use disorders. Trained to do adult and adolescent Rule 25 assessment and adult Rule 31 treatment. Also, worked with families in crisis and individuals with legal and domestic violence issues.

09/11 to 02/12 **Third Internship** **Saint Paul, MN**
Worked at CLUES Outpatient Chemical Dependency Program with co-occurring mental illness and substance abuse disorders with adult clients. Did Rule 25 assessments, intakes and ran treatment groups.

10/08 to 02/09 **Allina Unity Hospital for First Clinical Rotation** **Fridley, MN**
Worked alongside a preceptor psychiatrist on an inpatient adult substance abuse unit doing intakes, consultations on medical units, and individual and group therapies

02/09 to 06/09 **Allina Woodbury Clinic for Second Clinical Rotation** **Woodbury, MN**
Worked alongside a preceptor Certified in child/adolescent psych clinical nurse specialist on an outpatient basis doing intakes and therapy

with family, children/adolescent and medication management.

04/09 to 06/09 **Allina Abbott/Northwestern Park House Second Clinical** **Minneapolis, MN**
Worked alongside a preceptor psychologist doing group therapy with HIV/AIDS patients who had dual diagnoses of mental illness and chemical dependency. The group met once a week for eight weeks and was focused on recovery and skills building.

06/09 to 08/09 **Allina Mercy Hospital for Third Clinical Rotation** **Coon Rapids, MN**
Worked alongside a preceptor psychiatrist on an inpatient adult MICD unit doing intakes, brief individual psychotherapy, group therapy and ECT observations

09/09 to 11/09 **Allina Woodbury Clinic for Fourth Clinical Rotation** **Woodbury, MN**
Worked at Woodbury Outpatient Clinic seeing adult patients with a clinical nurse specialist preceptor for medication management, one to two days per week

09/09 to 12/09 **Allina Mercy Hospital for Fourth Clinical Rotation** **Coon Rapids, MN**
Worked along with two Preceptor Psychiatrist on an Inpatient adult MICD unit doing intakes; brief individual psychotherapy; and medication management

Licenses:

Kansas State Board of Nursing Registered Nurse
3/27/15

New York State Psychiatric Mental Health Nurse Practitioner
02/18/15

New York State Registered Professional Nurse
11/7/97
Minnesota State Registered Professional Nurse
08/11/08
Maryland State Registered Professional Nurse
04/11/01

Certifications:

Infection Control and Barrier Precautions	**4/19**
Alcohol and Drug Counselor II (CADC II) for GA	**Valid through 02/18**
Georgia Registered Nurse Registration Certification	**Valid through 01/19**
Alcohol and Drug Counselor Reciprocal-MN	**Valid through 11/21**
Kansas Advanced Practice Registered Nurse (Nurse Practitioner)	**Valid through 01/27**
New York Nurse Practitioner in Psychiatry	**Valid through 12/26**
New York State Workers' Compensation Treatment Provider	**Valid through 01/28**
New Jersey Advanced Practice Registered Nurse (Nurse Practitioner)	**Valid through 02/21**

Kansas Registered Nurse Registration Certification	**Valid through 01/27**
Minnesota Registered Nurse Registration Certification	**Valid through 01/17**
New York Registered Nurse Registration Certification	**Valid through 12/28**
New Jersey Registered Nurse Registration Certification	**Valid through 02/21**
New York DEA registration	**Valid through 05/27**
Kansas DEA registration	**Valid through 05/29**
Certified Buprenorphine Provider	**Valid through 02/24**
Basic Life Support with External Defibrillation (American Heart Association)	**Valid through 02/12**
Maryland State Registered Professional Nurse	**Valid through 01/28**
Journal Club: Validating Competencies, A Shared Responsibility (US Army)	**10/01**
Latex Allergy (US Army)	**10/01**
Ostomy (US Army)	**08/00**
Cardiac Arrest Management (US Army)	**05/00**
Conscious Sedation for Nursing Personnel (US Army)	**05/00**
Hemocue Training (US Army)	**05/00**
IV Class – Clinical & Blood Administration (Lutheran Medical Center)	**12/98**
Identification and Reporting of Child Abuse & Maltreatment Certificate (Stony Brook University Hospital)	**03/97**
Clinical Assistant II Skills Upgrade Program (Stony Brook Univ. Hospital & Med. Ctr.)	**12/96**
Peripheral Intravenous (All County Care Services)	**08/96**
Nurse Technician (Allen Schwartz School of Nursing)	**12/95**
Infection Control Training Certificate (Stony Brook University Hospital)	**09/95**

Presentations:

Poster presentor, Eigth Health Disparities Conference, March 12-14, 2015 in New Orleans, LA
Abstract Title: Circle of Care and Hope: An Empowerment Mental Health Model for Blacks

Poster presentor, Minority Health & Health Disparities Grantees' Conference, December 1-3, 2014, Baltimore, MD
Abstract Title: Adaptation and Empowerment Mental Health Model for Blacks

Presentor and panel participant at the Ramsey County Guardian Ad Litem (GAL) Training, Fall, 2012
Spoke on Liberian Culture related to kids in the judiciary and foster care system

Presentor at the Organization of Liberians in Minnesota (OLM). on stress and depression. June 30, 2013

Publications:

Vansiea, J. (2016). Circle of care and hope: an adaptation and empowerment mental health healing model for blacks. Outskirts Press, Inc.

Vansiea, J. (2013, Fall). The benefits and side effects of methadone versus suboxone treatment modality. *National Black Nurses Association News,* 8-10.

Vansiea, J. (2014, Spring). The correlation between vitamin D deficiency and depression. National

Black Nurses Association *News*, 12-13.

Memberships & Organizations:

Mary Holmes College (Fall '91 – Spring '93)

- Phi Theta Kappa (International Scholastic Honor Society for Junior Colleges)
- Student Support Services
- Mentoring Groups
- Student Government Association
- Sophomore Class President (Fall '92 & Spring '93)
- NAACP
- President, Student Christian Association
- Christian Committee Member
- Food Drive Committee Member
- Math & Science Club
- Appeals Committee Member
- Commencement Committee Member

State University of New York at Stony Brook (Fall '93 – Spring '97)

- Representative for Minorities in Medicine (Fall '95 & Spring '96)
- Saints (Student Christian Organization)
- African Student Union
- NAACP
- Junior Nursing Class Officers Board Member
- National Student Nurses Association
- National League of Nursing
- Special Olympics
- Representative, Long Island Blood Drive
- Coordinator & Captain, Health Sciences Campus Blood Drive
- Junior Nursing Class Activity Committee
- Junior Nursing Class Representative (Fall '94 & Spring '95)
- Co-President, Junior Nursing Class (Fall '95 & Spring '96)
- Honor College Member

Collegiate Awards & Honors:

Mary Holmes College

- Salutatorian, 1993 graduating class
- President's List
- Dean's List
- Presidential Full Academic Scholarship (Fall '92/Spring '93)
- Leadership Award
- Listed in Who's Who Among America's Junior College Students 1992/93
- National Dean's List (15th Edition – 1991/92)
- Talent Roster Certificate of Achievement for Distinguished Academic Performance for two year colleges
- President's Merit Award, 1993
- National Collegiate Education Award, 1993
- Student Support Services Tutor of the Year, 1992 & 1993
- NAACP Representative to Mississippi State University

State University of New York at Stony Brook

- Health Sciences Center Student Association, Certificate of Excellence – Outstanding Undergraduate,

1994 & 1995
- Student Leadership Award for Community, Scholastic, and Professional Achievement, 1995
- Outstanding Service Award – Minorities in Medicine, 1995
- Department of Student Union and Activities, Outstanding Leadership and Service Award
- Undergraduate Recognition Award for Outstanding Achievement, 1997
- Student Leadership Award for Outstanding Service to Fellow Students, 1996
- Provostial Full Two Year Tuition Scholarship, 1993 – 1995
- New York State Professional Opportunity Regents – Full Academic Scholarship, 1995 – 1997
- McNeil/Children's Tylenol Pediatric Scholarship, 1996 – 1997
- Sigma Theta Tau International (Kappa Gamma Chapter at Stony Brook) 4/2009
- Advanced Education Nursing Traineeship Program Grant Fall 2009

Community Involvement & Service:

- First Presbyterian Church in Jamaica, NY, 1993 – 2008
- New York State Professional Opportunity Regents – Full Academic Scholarship, 1995 – 1997
- Presbyterian Church, USA Medical Scholarship, 1995 – 1997
- First Presbyterian Church in Jamaica Scholarship, 1995 & 1996
- Food for Africa and Womassi Charities and Board Member in 2004 & 2005
- National Association of University Women Membership Certificate – Queens Chapter, NY (September, 2005
- Registry of Executives and Professionals
- National Alliance of Mental Illness Certification of Training for IOOV (8/09) and Vet Connection Facilitator (11/09)
- Disabled American Veterans Appreciation Certification 2009
- National Black Nurses Association of Georgia 2009
- NAACP Adult Membership 2009
- NAMI Minnesota Annual State Conference 2010
- NAMI Minnesota African American Advisory Committee Member 2010
- Ramsey County Guardian Ad Litem Pre-service Training Certificate of Completion 11/2010
- Twin Cities Jewish Community 10th Anniversary Conference on Mental Health 2010
- State Guardian ad Litem Board Certificate in Recognition of Service to the Guardian ad Litem program and the citizens of the State of Minnesota, 3/29/2009
- National Black Nurses Association 2011-present
- Minnesota Black Nurses Association 2011-present
- Joy World Universal Church Nettie L. Davis Scholarship Founder, August 2011
- Joy World Universal Church Deaconess and Co-Chair of the Deacon Board, 2013 to 2016
- Life-time member of the National Black Nurses Association 2015
- American Psychiatric Nursing Association 2014 -present
- International Nurses Society on Addictions 2014-present
- American Nurses Association 2014-present
- The School of Business at The University of Connecticut Graduate of The Entrepreneurship Boothcamp For Veterans with Disabilities October 15th 2016
- American Nurses Association Minority Fellowship Program National Advisory Committee Appointment from January 1, 2016 to December 31, 2016

Professional Awards and Recognitions:
- Certificate of Recognition for Commitment in Education, 1993 (Mount Morris Ascension Presbyterian

Church Christian Nurture Committee)

- Certificate of Appreciation – Vacation Bible Camp Counselor (First Presbyterian Church in Jamaica), 1994 & 1995
- National Park Trust, Certificate of Appreciation – Park Supporter, 1995
- The Surgeon General of the United States Army, 2000 (Army Medical Department Regiment Award)
- Manchester Who's Who Honored Membership Award & Inclusion in the 2006-2007 Edition of Who's Who
- Recipient of the 2014 Dr. Lauranne Sams Scholarship by the National Black Nurses Association, Inc. August, 2014
- Guest Speaker, at Monrovia College Reunion, August 2, 2014, "Reawakening the Spirit of Loyalty."
- Guest Speaker, at Seven Days Adventist Church, November 7, 2015, "The importance of self-care and how it affects our physical, emotional and spiritual health"
- Guest Speaker, at Joy World Universal Church, December 20, 2015, "What are some of the ingredients that make up Christmas?"
- Guest Speaker, at Saint James AME Church in Saint Paul, MN, May 29, 2016, "Dealing with adversities and overcoming the challenges of life"
- The University of Connecticut School of Business Bruce W. Ferris Most Outstanding Business Pitch Award 2016 Entrepreurship Boothcamp for Veterans with Disabilities
- Certificate of Appreciation from the Minority Fellowship Program National Advisory Committee at the American Nurses Association from January 2016 – December 2016
- B. W. HarrisAlumni Association, USA Tri-State Chapter Bishop George D. Browne Handel K. C. Diggs Leadership Award-April 2017
- Liberian Girls Rock 5th Annual Honoring Lifetime Achievement Award – May 2019
- Event speaker for 10th Heart Truth Educational Program, topic "your health, my health your right" – February 2022